

# HEALTHY MARRIAGES

A PROGRAM OF SAMARITAN COUNSELING CENTER  
AND NEW MEXICO COLLABORATIVE PARTNERS

## *I'm Interested, But What If...*

“I don't have leadership experience.”  
“I don't feel comfortable speaking in front of groups.”  
“My relationship is not perfect.”

Healthy Marriages will provide all the support and training you need to feel comfortable and ready to begin your work as a Wise Couple. We will also help to provide the resources you need, including meeting spaces for your sessions and mentoring matching services.

Wise Couples are not perfect. Instead, they are committed couples willing to help other committed couples strengthen and grow in their relationships. For more information, contact us today.

**Start Today.** For more information on becoming a Wise Couple or about the Healthy Marriages program, contact us:

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Para más información en español,  
por favor comunícate con Silvia al 888 892 4250.

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## BECOME A WISE COUPLE

*Motivate Others*

*Inspire Your Community*

*Make a Difference*

# What is a Wise Couple?

Wise Couples are married couples that have been married at least five years and are willing to lead a couples support group or mentor other couples. Using the training provided by Healthy Marriages, Wise Couples help other couples by providing education and support based on the program and its resources, along with their own marital experience.

## Your Commitment

- ✔ Be open to sharing your marital experiences
- ✔ Use effective communication skills
- ✔ Complete 12 hours of training
- ✔ Make yourself available for at least 8 hours of support group facilitation or couple-to-couple mentoring

## What You Get

- ✔ Program training (at no cost to Wise Couples)
- ✔ Unlimited access to Healthy Marriages staff for consultation, guidance and support
- ✔ Healthy Marriages newsletters and website to stay linked and informed
- ✔ Quarterly meetings with other Wise Couples for fellowship and support
- ✔ The knowledge you have made a difference in the lives of couples, families and neighbors in your community
- ✔ Financial compensation may be available

## How to Become a Wise Couple

### STEP 1:

#### Complete the Prepare-Enrich Inventory

All potential Wise Couples complete the Prepare-Enrich inventory (available at no cost to you), which will help pinpoint your relationship strengths and growth areas.

### STEP 2:

#### Review Your Results

One of our staff members will review and discuss your relationship strength and growth areas with you and your spouse. If it appears there are significant growth opportunities, we will provide training to help enhance your relationship before you begin working with other couples.

### STEP 3:

#### Complete the Wise Couple Training

If you and your spouse are selected as a Wise Couple, Healthy Marriages will provide training on how to use the Prepare-Enrich inventory to support and mentor other couples.

*The Wise Couple program is an outreach effort created by Healthy Marriages, a program of Samaritan Counseling Center.*