



SAMARITAN
COUNSELING
CENTER

1101 MEDICAL ARTS AVENUE NE, BUILDING 3
ALBUQUERQUE, NEW MEXICO 87102

ADDRESS SERVICE REQUESTED

CALLER BACK TO THE WELL
HEALTHY MARRIAGES
First Presbyterian Church
217 Locust NE

THE BERTHA & ELDON GUHL CENTER
FOR CHILDREN & ADOLESCENTS
SAMARITAN CENTER FOR CHANGING FAMILIES
1101 Medical Arts Avenue NE, Building 3

ST. JOSEPH CENTER FOR
CHILDREN & FAMILIES
La Mesa Presbyterian Church
7401 Copper Avenue NE

WORKPLACE SERVICES
BUSINESS OFFICE
2340 Alamo SE, Suite 123

www.samaritanNM.org
(505) 842-5300

NON-PROFIT
ORGANIZATION
US POSTAGE PAID
ALBUQUERQUE, NM
PERMIT NO 1484



SAMARITAN COUNSELING CENTER NEWS

VOLUME 17, NUMBER 3

AUTUMN 2008

FROM THE EXECUTIVE DIRECTOR

Back to Basics



We are living in disturbing times. Eighty percent of Americans think things are going “badly” in this country, according to one recent survey. Many of our clients at the Samaritan Counseling Center are struggling with terrible stress from a harsh economy and discouragement from a mean-spirited political season just past, and it’s showing up in their elevated anxiety, depression, and family problems. Their distress is appropriate—these are dangerous days!

America has just elected a new President. (As I write, I don’t know yet who won.) Once again we have an opportunity to start fresh. In this time of new beginnings we must reclaim some basics in our lives that have served us well through more than 200 years as a nation. I suggest we start by renewing our commitment to four basic values.

We must be more *civil*. Partisanship and finger-pointing are tearing this country apart. The language of popular culture and the manners of the marketplace reveal a terrible erosion of respect and a betrayal of our nation’s fundamental values. The quest for a more civil society begins with kindness and decency, tolerance and ethics, in our everyday lives.

We must be more *frugal*. We have lived beyond our means, as families and as a society. The “greedy CEOs” we heard about in the political campaign are merely a reflection of the widespread materialism that infects us all. But life is

not made better by more “stuff.” In fact, research shows the opposite to be true. The values of thrift and living more simply offer greater life satisfaction for each of us, while fostering the opportunity for greater generosity of spirit.

We must nurture *community*. We are in this fix together—as families, as neighbors, as fellow citizens, and inhabitants on this planet. Communities of various kinds sustain and enrich our lives. Sharing community with others provides both safety and comfort. One place many of us find this precious community is in religious congregations, which is one reason Samaritan is launching our new Center for Congregational Life and Leadership, described elsewhere in this Newsletter. Communities of faith are precious resources that must be strengthened. Peggy Noonan, in her wonderful little book, *Patriotic Grace*, reminds us that “before this is over we’ll all be helping each other down the stairs.”

We must live into deeper *faith*. Samaritan has always been a faith-based organization, and we have needed that foundation of faith to sustain us through difficult times and to nurture healing and hope among those we serve. My friend Sharon said the other day, “Thank goodness I don’t have to be in charge of this mess, because I can leave it in God’s hands.” Sharon and I have some political differences, but we share that sentiment. God’s generous providence remains an astonishing blessing. I invite you to share that grateful trust as well, even as we join hands to walk into these new days and work together to build a better world.

Paul E. Hopkins, D.Min.

SAMARITAN COUNSELING CENTER OF ALBUQUERQUE STAFF AND BOARDS

EXECUTIVE DIRECTOR
Paul E. Hopkins, DMin

CLINICAL DIRECTOR
Sarah Brennan, PhD

MEDICAL ARTS STAFF
Anthony Baca, MA
Amy Brashear, MDiv, MC
Monika Peterson, PhD
Frank Spring, JD, PhD
Lee Swanson, MA
Arlene Harmon
JoAnne Moreno

BERTHA & ELDON GUHL CENTER FOR
CHILDREN & ADOLESCENTS
John Harlow, PhD
Hope Krasner-Kuehn, PsyD
Sabrina Mann, MSW
Leah Rudnick, MD

ST. JOSEPH CENTER
FOR CHILDREN & FAMILIES
Tamara Thiedeman, MSW
program coordinator
Kathryn Lenberg, MPH
Gabriela Miller, MC
Jackie Perez, MSW
Sandra Burdick
Linda Perez

SAMARITAN CENTER
FOR CHANGING FAMILIES
Martha Kaser, JD, LMSW
Barbara Wasylenki, MSW

WORKPLACE SERVICES
Timothy S. Strongin, PhD, ABPP,
program director
Kathy Jackson, MA
Patricia Lake, MS
Joan Levine, MSW
Norma Tejada, MA
Katrina Piazzese

CALLER BACK TO THE WELL
Sue Joiner, MDiv, program director
Wanda Tuck

HEALTHY MARRIAGES
Sarah Lee, MA, program director
Hillary Bravo
Bruce Eklund
MaryAnn Eklund, PhD
Gabriel Gonzalez-Camargo, MDiv, MA
Gerry & Joann Magyar
Silvia Pacheco
Petulia Vandever

FINANCE & BILLING
Larry Green
director of business & finance
Margaret Kimball
Lorraine Lujan
Clara Sanchez

RESOURCE DEVELOPMENT STAFF
Kathleen Raskob, director
Laura Cawthon
Deena Taylor Rolls,
marketing director

CONSULTANTS
William Foote, PhD
William Ulwelling, MD

SAMARITAN COUNSELING CENTER
FOUNDATION BOARD
Tom Dawe, President
Julie Bowdich
Robin Brulé
Kathy Lopez Bushnell
Victor Chavez
Robert Custer
Wayne Davenport
George Friberg
John Goodwin
Heidi Frost Heard
Pamela Hurd-Knief
Terry Horn
Greg Leyendecker
Vicki Macaulay
Sherman McCorkle
Margaret “Meg” Meister
Kirk Meyer
Robin Dozier Otten
Henry South

Kathy Sporing
Dennis Sterosky
George Stanfield
Elizabeth Trainor
Len Trainor

SAMARITAN COUNSELING CENTER
OPERATING BOARD
Breda Bova, President
Tammy Barth-Oakes
Robert Bovinette
Pam Catanach
Paul Christensen
John Easter, MD
Rabbi Art Flicker
Francesca Garcia
Robert Garcia
Stephen Grimble
Don Kawal
Bart H. Kinney, III
Don Jones
Beverly McMillan
Beth Moise, PhD
Shirley Morrison
David Okerberg
James M. Parker
Holly Traver
Tammy Wash
John Wright

Silent Samaritan Event Raises \$28K

Samaritan Counseling Center’s 15th annual Silent Samaritan luncheon was held on Wednesday, September 17, 2008 at the Hyatt Regency Downtown. The event featured United Way’s Vice President and Chief Development Officer, LaDonna Hopkins as the Keynote Speaker. The event raised over \$28,000 for the Silent Samaritan Fund which helps low-income, uninsured or underinsured women receive much needed counseling services.

Limited Brands Foundation was once again our very generous \$5000 Benefactor sponsor. We also had seven \$1000 Patron sponsors – Bank of the West, Century Bank (Santa Fe), Elite Travel, Lockheed Martin/Sandia National Laboratories, PNM Resources, UNM Cancer Center, New Mexico Mutual, Wells Fargo and X-Ray Associates. Thank you to all these benevolent sponsors!

A special thanks goes to the volunteers who plan and prepare for the Silent Samaritan event! The committee was co-chaired by Erin Young and Barbara Schwyzer and committee members included Alex Beach, Jeanne Brummell, Vicki Macaulay, Robin Otten, Patience Skarsgard and Francilla Whiteskunk-Lucero.

Ethics Event Celebrates 10 Years on March 31, 2009

Samaritan Counseling Center's tenth NM Ethics in Business Awards are well under way. The 30 nominees were recently announced in the Albuquerque Journal.

Business Nominees are: Aprendamos Intervention Team, PA (Las Cruces); Arizona Tile; Articles for Her; BRYCON Construction (Rio Rancho); Citadel Broadcasting Company; Cooney Watson and Associates; Coronado Paint and Decorating Center (Santa Fe); FIG Publications DBA Las Cruces Bulletin (Las Cruces); Flying Star Café & Satellite Coffee; Jiffy Lube Lubricar; Northwestern Mutual Financial Network-Miller Financial Group; Peacock Myers, PC; Recapturing Vehicles; Redford Associates (Silver City); Stewart Title of Albuquerque, LLC; TLC Plumbing & Utility and Yearout Mechanical, Inc.

Not-for-Profit Organizations are: Big Brothers Big Sisters of Central NM; Children's Grief Center of NM; Enlace Comunitario; Junior Achievement of NM, Inc.; Keshet Dance Company; Ronald McDonald House Charities of NM and The Storehouse.

Individual Nominations are: Ron Beachamp; Norman Becker; Doug Chandler; Edward Lujan; Jeanne Sharp (Santa Fe) and Cheryl Willman, MD.

The Nominations committee comprised of state-wide community volunteers and led by Michael Gaylor, collected 51 nominations for this year's cycle. A 12 person independent Screening Committee, led by Becky Pate, reviewed the nominations and narrowed the nominee pool to 30.

Students enrolled in UNM Professor Sarah Smith's Mgt. 308 class entitled "The Ethical, Political and Social Environment of Business" are currently interviewing and researching the nominees in order to make recommendations to the Selection Committee, led by David Seely, the CEO of Kirtland Federal Credit Union.

The 2009 event, chaired by Chet Stewart, Chairman and CEO of French Mortuary, and past recipient of the award, is scheduled for Tuesday, March 31, 2009 at the Hotel Albuquerque at Old Town.

New Co-Parenting Classes Now Offered

Samaritan Center for Changing Families (SCCF) is now offering a Co-Parenting Class for parents who are separated or divorced.

Several staff members attended training in Texas earlier this year in order to be trained in "Cooperative Parenting and Divorce." This is a structured, psycho-educational program which emphasizes the importance of eliminating conflict and maximizing cooperation and effective communication for the sake of the child(ren). Parent education,

including information about the impact of conflict on children, post-separation parental communication and co-parenting skills are topics included in the classes.

Sessions are offered twice a week, Wednesdays from 5:30 – 7:00 p.m., and Saturdays from 9:30 – 11:00 a.m., and meet for eight (8) sessions. Parents do not attend the same class.

The development of this additional service within the Center for Chang-

ing Families fulfills the goal of providing a broad range of therapeutic interventions for these families. The SCCF therapists continue to provide individual and couple/family therapy, Wise Parent Counseling, Reintegration Counseling, Mediation, and Facilitated Settlements.

We are very pleased to be providing these classes which we believe will help parents significantly in their efforts to work together as parents.

A New Editor

With this issue of Samaritan's Newsletter we say good-bye to Janice Morrow, our Director of Marketing for the past ten years. Janice has been a wonderful colleague and friend to us at Samaritan, having helped us establish a fresh and coordinated "look" over the years, editing our Newsletter, producing printed materials, and being a key staff person for our Ethics in Business Awards and Silent Samaritan events. We will greatly miss her creativity and commitment to Samaritan.

Deena Taylor Rolls has joined us as our new Director of Marketing. She comes to us with a long history of marketing, PR, sales and strategic planning in the healthcare industry. Most recently she was director of marketing and business development for TriCore Reference Laboratories here in Albuquerque. She understands and values Samaritan's mission and varied programs, and we look forward to this new relationship as Samaritan continues its growth in service. Welcome, Deena, and farewell and many thanks, Janice!

New Members Join Board

Samaritan is pleased to welcome the following new board members to the Operating Board. Stephen Grimble, Retired Executive and Community Volunteer; Robert Bovinette, Retired CEO and President Emeritus of Commonfund Group, and Bart Kinney, President of the Kinney Agency.

St. Joseph Center for Children and Families Community Board

St. Joseph Center for Children and Families' Community Board (CB) is an advisory group that meets weekly to provide guidance to SJCCF. The CB consists of 12 members who live in Albuquerque's Southeast Heights and is coordinated by Linda Perez, SJCCF program assistant. The meetings are conducted in Spanish, and childcare is provided. St. Joseph Community Health generously pays for the meetings to be catered.

In its nearly two years of existence, the CB has made a name for itself through its community involvement. Members have raised funds for immigrant victims of the San Diego fires in 2007, participated in the planning of the Southeast Heights Food Security Summit, represented SJCCF at community outreach events, and took

part in an SJCCF planning meeting this past spring. Members have taken part in two SE Heights Leadership Training Institutes conducted by St. Joseph Community Health.

Currently, the community board is planning a community dance at La Mesa Presbyterian Church that will include events for family members of all ages and a fundraiser to collect food for Thanksgiving baskets for families in need. This is one of several events that has shown CB members' commitment to helping others in their neighborhood. One member summed up her experience on the Board, "I like being part of the Community Board and being concerned with the community's problems in order to find the resources necessary to help."



Members of the SJCCF Community Board (starting R, counter-clockwise): Ruben Duran, Ninelia Valenzuela, Aurelia Barrón, Ledis Fabregas, Juan José Ariza, Linda Perez (SJCCF staff), Erica Caro, Tamara Thiedeman (SJCCF Staff), Blanca Romero (former CB member), Claudia Richburg (former CB member). Not pictured: Rosa Iglesias, Francisco Avitia, Pastor Avitia, Glenda Vicuna, Janeth Martínez, and Reyna Luz Juarez.

Called Back to the Well transitions to Center for Congregational Life and Leadership

Years ago, a friend described cheating as "not sharing what you know." I think of that statement in a world where we too often fail to collaborate. Samaritan is now preparing to embark on an exciting collaborative project called the Center for Congregational Life and Leadership. We already provide many services for area faith communities: retreats and clergy groups through CALLED BACK TO THE WELL, psychological assessments for clergy candidates, conflict resolution, and EAP contracts through Workplace Services; counseling and training events through the Counseling Center; and marriage enrichment resources from the Healthy Marriages Program. Beginning in 2009, we will broaden and deepen services for faith communities as we "share what we know" and create this new Center for Congregational Life and Leadership. The mission of the Center is to foster vitality in faith communities and sustain excellence among religious leaders.

We convened four focus groups last Spring and they affirmed the need for this new Center, expressing a desire for resources and support to be effective in their ministry together. Clergy, lay leaders, denominational leaders and support staff expressed the need for support and networking for their unique positions, for leadership development, tools to reach younger populations, conflict resolution, and spiritual vitality. The areas of greatest need were training, networking/support, and spirituality.

The Center for Congregational Life and Leadership will be the source that brings people together to strengthen their ministries and prevents them from being isolated both as individuals and as faith communities. It is tempting when facing the overwhelming demands to become insular. By creating a network of religious leaders and congregations, Samaritan's new Center for Congregational Life and Leadership will create a community that reaches out and collaborates together. The Center will be a resource that provides tools for faith communities to be vital, healthy and creative in their ministry.

Start up funds for the Center will draw from a \$343,000 grant from the Lilly Endowment awarded to sustain the work begun by CALLED BACK TO THE WELL. CBTW will continue as a program of the new Center. In addition, we received a \$10,000 grant from the Augustine Stewardship Fund to develop a congregational renewal program in this region. This program will draw from the wisdom of another collaborative project between CALLED BACK TO THE WELL and Oblate School of Theology in San Antonio, Texas. The San Antonio project offers training in congregational renewal over a nine month period for six area churches. Thanks to several generous grants, a gifted Samaritan staff, and the needs of faith communities in a changing world, we are collaborating to create a much needed resource in the Center for Congregational Life and Leadership.