



SAMARITAN
COUNSELING
CENTER

1101 MEDICAL ARTS AVENUE NE, BUILDING 3
ALBUQUERQUE, NEW MEXICO 87102

ADDRESS SERVICE REQUESTED

CALLED BACK TO THE WELL
HEALTHY MARRIAGES
First Presbyterian Church
217 Locust NE

THE BERTHA & ELDON GUHL CENTER
FOR CHILDREN & ADOLESCENTS
SAMARITAN CENTER FOR CHANGING FAMILIES
1101 Medical Arts Avenue NE, Building 3

ST. JOSEPH CENTER FOR
CHILDREN & FAMILIES
La Mesa Presbyterian Church
7401 Copper Avenue NE

WORKPLACE SERVICES
BUSINESS OFFICE
2340 Alamo SE, Suite 123

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SAMARITAN COUNSELING CENTER
NEWS

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FROM THE EXECUTIVE DIRECTOR

Expanding Services for Children



“Train children in the right way, and when old, they will not stray.” This familiar Biblical proverb is not only rich spiritual wisdom, but sound psychology as well. Many careful studies have demonstrated that the first five years of human life exercise a profound influence, for good or ill, on a lifetime of health, including mental health.

Samaritan has long been committed to providing effective mental health care to children through several of our programs, including the Guhl Center for Children & Adolescents, the Samaritan Center for Changing Families, and the St. Joseph Center for Children & Families.

The St. Joseph Center for Children & Families works in the SE Heights of Albuquerque with a population that experiences many social and economic barriers. It is an area of high crime and frequent transition which bring significant trauma to the lives of many children and families who live in the neighborhood. A high number of people who live in the area are immigrant and monolingual Spanish. All of our staff in this program are bilingual and sensitive to the unique cultural characteristics of this population. The program, guided and supported by a Community Board of neighbors, works closely with other agencies and providers in the community to provide coordinated care for children and families to ensure that mental health care is supplemented by necessary housing, education, and other social and economic resources.

Now we are excited to have received from ValueOptions a \$105,000 grant to develop a specialty program in early childhood mental health care. The grant will allow us to add a third counselor and a half-time case manager to our St. Joseph Center program. Most important, it will allow us to provide training in early childhood care for all three of our counselors in that program. This new initiative will result in three of our counselors being eligible for certification as early childhood specialists at the end of two years of training.

We are grateful to ValueOptions for this grant, and to many others who have helped fund this important work in the SE Heights, including St. Joseph Community Health, United Way of Central New Mexico, the Daniels Fund, the McCune Foundation, the Albuquerque Community Foundation, and many individual donors. Together, we are working to bring a lifetime of greater health to children, to families, and to the community.

Paul E. Hopkins, D.Min.

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Save the Date!

THE SILENT SAMARITAN LUNCH WILL BE HELD ON
WEDNESDAY, SEPTEMBER 17, 2008 AT THE HYATT REGENCY ALBUQUERQUE FROM 11:30 – 1:00

Guest speaker: Joan Guntzelman, Ph.D. • Tables of 10 \$400; Individual tickets \$40

SILENT AUCTION ITEMS WILL INCLUDE:

- Two tickets to the October 5th Green Bay Packers game (Lambeau Field) vs. the Atlanta Falcons
- Two tickets on Southwest Airlines
- Condo stays in Angel Fire and Cabo San Lucas

For more information and to buy tickets, call 842-5300, ext 103 or visit the website www.samaritannm.org/events

Hope to see you there!

“Humble Samaritans” Recognized

The Center recently honored the 3rd and 4th recipients of the Humble Samaritan Award. Kathy Yarbrough and Marti Goodman were surprised with their awards at a recent Board meeting. The previous two awardees were Barbara Allender and Michelle Welby.

Kathy Yarbrough served on the Board from 1995 - 2000 and was President in 1996. Kathy was the key mover in our launching the NM Ethics in Business Awards program, spending nearly two years talking with the people in Denver about how to do it. She co-chaired the first event with Sherman McCorkle, and has been very active in several aspects of the program ever since, most recently chairing the screening committee where her term just concluded. She has gone on to serve on the Samaritan Institute board and there been an advocate for the program in other locations, and for the Albuquerque center.

Marti Goodman served on the Board from 1994 - 2001 and was President in 1998 and 1999. She then served on the Foundation board for a full six years, and has given leadership to Nominations and Fund Raising committees. She and her husband, Bob, served as co-chairs of the Quiet Campaign that Samaritan launched several years ago.

Welcome new staff

Anthony Baca, MA - Therapist,
Samaritan Counseling Center

Patricia Lake, MS - Therapist,
Workplace Services

Monika Sandberg, PhD - Therapist
Samaritan Counseling Center

Frank Spring, JD, PhD - Therapist
Samaritan Counseling Center

Gabriela Miller, MSW - Social Worker,
St. Joseph Center for Children & Families
Clara Sanchez - Billing Supervisor

Margaret Kimball - Billing Specialist

Hillary Bravo - Healthy Marriages Associate

Increasing the Community’s Capacity for Healing

Providing training for mental health professionals has been an important part of the Samaritan Counseling Center’s work from the beginning. Over the course of the past twenty-one years Samaritan has provided professional training and supervision to twenty psychologists, social workers, marriage and family therapists, and counselors. These professionals all spent one to six years on the staff of Samaritan as interns, seeing clients as they received didactic teaching and clinical supervision. In addition to these full-time trainees, another half-dozen professionals have come to Samaritan to receive regular clinical supervision, and more than a hundred other clergy and professional counselors have participated in continuing education workshops sponsored by Samaritan.

Samaritan’s training director, Dr. Sarah Brennan, who also serves as the Center’s clinical director, is committed to ensuring that the Center provides a competent and balanced blend of instruction and supervision that completes professional education for therapists from various disciplines. The Center’s training includes particular attention to integration of spiritual and religious issues as may be appropriate in the process of therapy. We are proud to have played a role in expanding the community’s capacity for healing, with many of Samaritan’s best trainees now providing sensitive, effective and ethical care for clients both as members of Samaritan’s staff and in various other settings in the community.

Healthy Marriages Details Services to Community

Healthy Marriages continues to serve couples statewide by providing valuable and enriching relationship services for couples of all stages of a relationship. Healthy Marriages believes that in order for a relationship to flourish, a couple must work and grow in their relationship. The program offers four ways in which couples can explore their relationship on a deeper level. Couples learn to build on their strengths and improve their areas of growth for a successful relationship. Healthy Marriages’ commitment to relationship wellness is enhanced with the Prepare/Enrich curriculum, a widely acclaimed relationship curriculum confidently used by the program. Not only are the couple services offered at no cost, but all educational material and refreshments are provided at no cost and child care assistance is also available. The four relationship services offered are:

- Relationship Potential Series Courses
Five weekly 2-hour courses offered in a classroom setting at the Healthy Marriages office, ending with a couple graduation celebration of food and fun.
- Couple Support Group
A group of couples led by a Healthy Marriages Wise Couple who will meet five times for 2 hours, learning new ways to overcome relationship challenges, manage changes, and maintain relationship success.
- Couple to Couple Mentoring
Couples mentored by a Wise Couple to receive support and guidance through the shared experience and leadership of the Wise Couple. The service is most suitable for couples who feel most comfortable in a direct and personal environment.
- Couple Retreat
A fun and structured experience where couples can get away and devote time and energy to focus on building their relationship through an 8-hour educational and enriching process.

Now Enrolling For Relationship Potential Courses (Value of \$250.00 for FREE)

Each Wednesday for five weeks, August 6 through September 3
6:30 to 8:30 PM

Series Highlights

- Effective Communication
- Expectations: Reality vs. Fantasy
- Financial Management
- Conflict Resolution
- Sex & Intimacy
- Personal, Couple, & Family Goals

Please call for more information or to register: 505.247.1511 or 1.888.892.4250

HAVE YOU INCLUDED SAMARITAN COUNSELING CENTER IN YOUR ESTATE PLANS?

Call Kathleen Raskob to discuss planning options.